

# Mama Gena's

SCHOOL OF WOMANLY ARTS

We have created a scintillating program to ensure your top desires are fulfilled in the most pleasure-filled, inspiring months of your life. Our program meets for one weekend a month for four months with Friday night gatherings, and a fabulous bonus retreat in sunny South Beach, Miami.

## Spring Mastery 2009 in New York City

### Weekend 1

- March 14<sup>th</sup>**     **Sat**     **10am-5pm-** Women gather from all over the world to begin Mastery together. There will be events scheduled for Saturday night as well!
- March 15<sup>th</sup>**     **Sun**     **10am-5pm-** more fun together with Mama Gena!

### Weekend 2

- April 17<sup>th</sup>**     **Fri**     **7pm-9:30pm** –the special Friday night bonus events now begin with Mama Gena-these are free for students and part of Mastery.
- April 18<sup>th</sup>**     **Sat**     **10am-5pm-** our second weekend together begins...there is another Saturday night party!
- April 19<sup>th</sup>**     **Sun**     **10am-5pm-** more fun together with Mama Gena!

### **Bonus Trip to South Beach Miami!!! (This is an optional trip and so worth every pleasurable effort!)**

- May 8<sup>th</sup>**     **Fri**     **7pm-9pm-** meet and greet, and then we'll go out dancing
- May 9<sup>th</sup>**     **Sat**     **11am-1pm-** Mama in Miami; then fun, sun, swimming, relaxing, shopping and homework into the night...
- May 10<sup>th</sup>**     **Sun**     **11am-1pm-** more Mama in Miami and good-byes

### Weekend 3

- May 29<sup>th</sup>**     **Fri**     **7pm-9:30pm** –another Friday night bonus event with Mama Gena!
- May 30<sup>th</sup>**     **Sat**     **10am-5pm-** our third weekend together begins...there is another Saturday night party!
- May 31<sup>st</sup>**     **Sun**     **10am-5pm-** more fun together with Mama Gena!

#### Weekend 4

- June 19<sup>th</sup>**     **Fri**     **7pm-10pm** – another Friday night bonus event, Mama Gives It Up to Men, with Mama Gena. Bring your men to Mama--this class is for them! An after-party follows with the men.
- June 20<sup>th</sup>**     **Sat**     **10am-5pm**- our final weekend together begins...there is another party that night!
- June 21<sup>st</sup>**     **Sun**     **10am-6pm (or later)** – more fun together, your graduation (women only, invite your girlfriends, moms and aunties!) and a fun after-party for everyone. You can invite the men in your life to this party!

#### **Save These Dates:**

##### **1. Your Welcome Call with Mama Gena!!!**

**Tuesday, March 3<sup>rd</sup>: 8pm-9pm EST**

All new spring Mastery students are invited to join Mama for a fun, pleasure-filled phone call to freshen up on the Womanly Arts. This call will be recorded so you can play it back “on pleasure” (on demand) 24-7 to inspire your desires. This is for you and your pleasure, so take advantage and be greedy! We are all looking forward to getting together for the first time as a class.

A minute or two before 8pm on March 3<sup>rd</sup>, dial in to the call. The call in number will be announced in an email to you in February.

*A few pleasurable tips for the call:* Please **do not** announce yourself as the prompt indicates, simply join in and have fun with Mama. Your line will be muted as you join the call and if you wish to respond to Mama Gena just press \*6 on your phone keypad and your line will be un-muted. When you have finished speaking, please press \*6 again to mute your line so we do not hear any background noise during the rest of the call. Take some time to create a comfy, quiet spot for yourself so you can relax and enjoy all Mama has for you. Hint, hint...this is not a time to multi-task! Many thanks, ladies.

##### **2. Your Juicy Big Sister Goddess (BSG) Calls**

To support your desires and assist you in taking it higher, Mama has given you a Big Sister Goddess mentor. You and your group of Sister Goddesses will have calls throughout Mastery to assist you in staying fluffy. Plan to make every call with your Big and enjoy getting to know the Sister Goddesses in your group. These calls are like a mini-Mastery, you'll love them.

**All calls are Wednesdays, 8pm-9:15pm EST**

**(\*\*\*International and West Coast students may have different times)**

**March 18<sup>th</sup>**

**April 8<sup>th</sup> & 22<sup>nd</sup>**

**May 13<sup>th</sup> & 27<sup>th</sup>**

**June 3<sup>rd</sup> & 24<sup>th</sup>**

3. **Follow-up Support- the Cherry On Top!**

Mama desires for you to take your Mastery out into the world and watch it shake! Enjoy these 2 months of calls that follow the 4 month Mastery program to support you in using the Womanly Arts and in fully living a life powered by pleasure!

1<sup>st</sup> follow-up call w/ your BSG and SG Group

Wednesday, July 8<sup>th</sup> – go by your usual group time and phone#

2<sup>nd</sup> follow-up call w/ Mama Gena

Wednesday, July 22<sup>nd</sup> - 8:00-9:00pm EST

3<sup>rd</sup> and final follow-up call w/your BSG and SG group

Wednesday, August 5<sup>th</sup> – go by your usual group time and phone #

4<sup>th</sup> and final follow-up call w/ Mama Gena

Wednesday, August 19<sup>th</sup> - 8:00-9:00pm EST

**\*Location for Mastery Classes with Mama Gena**

Our class weekends will be held in midtown Manhattan at  
Lighthouse International  
111 E. 59<sup>th</sup> St. between Park and Lexington Avenues.  
(\*Location subject to change.)

**What if I have to miss a class?**

While nothing can replace being in class and experiencing in-person all Mama has created for you, we realize there may be a time when you must be absent. We have designed the course so you won't miss out. We have live recordings of the classes you can listen to through your computer, and you will stay connected between classes by using the online community board and your BSG group.

Questions? Great! Call Mama Gena's 212.787.2411 x1  
Or visit our website: [www.mamagenas.com](http://www.mamagenas.com).